

Updates from Regional Anesthesiology and Acute Pain Medicine

Edward R. Mariano, M.D., M.A.S.

Professor of Anesthesiology, Perioperative & Pain Medicine
Stanford University School of Medicine
Chief, Anesthesiology and Perioperative Care
Veterans Affairs Palo Alto Health Care System



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Disclosures

- None

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History and evolution of regional anesthesiology and acute pain medicine fellowship training

David Michael Shapiro¹, Mary J Hargett², Sandra Kopp³, Joseph M Neal⁴,
Edward R Mariano^{1,5}, Gregory Liguori²

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Table 1 Early official RA/APM fellowships by decade

1980s	1990s
Brigham and Women's Hospital	Duke University
Hospital for Special Surgery	University of Alberta
Mayo Clinic Rochester	University of Texas Health Science Center at Houston
Virginia Mason Medical Center	Yale University

Table 2 Evolution of anesthesiology training over time

Year of training	1	2	3	4	5
1969	Clinical base year	Clinical anesthesiology	Clinical anesthesiology		
1973	Clinical base year	Clinical anesthesiology	Clinical anesthesiology	Optional CA-3 year*	
1986	Clinical base year	Clinical anesthesiology	Clinical anesthesiology	Clinical anesthesiology	fellowship*

*Indicates optional year.
CA-3, third year of anesthesiology training postclinical base year

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Road to Accreditation

- 2013 (May): Fellowship Directors agreed to pursue ACGME accreditation
- 2013 (Dec): Letter submitted to Dr. Nasca
- 2014 (Sept): ACGME approval to develop subspecialty program in RAAPM
- 2015-16: Development and revision of program requirements
- 2016: ACGME opened applications for RAAPM
- 2017-18: Milestones development

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The road to accreditation for fellowship training in regional anesthesiology and acute pain medicine

Edward R. Mariano^a and Richard W. Rosenquist^b

Purpose of review

The purpose of this review is to provide the background and rationale for pursuing accreditation of regional anesthesiology and acute pain medicine (RAAPM) fellowships, explain specific steps and challenges in the process, and forecast the future of fellowship training.

Recent findings

In 2016, the first fellowship program in RAAPM was able to apply for accreditation from the Accreditation Council for Graduate Medical Education (ACGME). The establishment of this newly accredited subspecialty fellowship and the announcement of the first accredited programs represented a tremendous achievement in anesthesiology training and medical education in general and was the culmination of nearly 4 years of dedicated effort.

Summary

Programs with initial ACGME accreditation are on a 2-year term and will be reviewed to evaluate adherence to the program requirements and the quality of fellowship training. Deficiencies identified will need to be resolved or face loss of accreditation. However, a program's maintenance of accreditation represents a commitment to its fellows to provide a training experience that can be held as a benchmark for all programs.

Keywords

accreditation, acute pain medicine, anesthesiology, fellowship, regional anesthesiology



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Today (2020)

- 87 RAAPM fellowships in US and Canada (+3 from 2019)
- 200+ positions available in the US and Canada



Fellowship directory

Physicians applying for a fellowship program in regional anesthesiology/acute pain medicine must be currently enrolled in, or have completed, an accredited anesthesiology residency program. Each individual program may have additional requirements such as medical licensing. The information published here has been supplied by the individual institutions. Please check back frequently for updates.

Show:	All (2)	Acute Pain/Regional Anesthesia (2)	Chronic Pain (2)
Alabama (2)	Massachusetts (2)	South Carolina (2)	
California (2)	Michigan (2)	Tennessee (2)	
Colorado (2)	Minnesota (2)	Texas (2)	
Connecticut (2)	Missouri (2)	Utah (2)	
Florida (2)	Nebraska (2)	Virginia (2)	
Georgia (2)	New Hampshire (2)	Washington (2)	
Illinois (2)	New Mexico (2)	West Virginia (2)	
Indiana (2)	New York (2)	Wisconsin (2)	
Iowa (2)	North Carolina (2)	Military (2)	
Kansas (2)	Ohio (2)	Canada (2)	
Louisiana (2)	Oregon (2)		
Maryland (2)	Pennsylvania (2)		



<https://www.asra.com/fellowship-directory?showType=1>

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ACGME-Approved Programs (35)

+4 from November 2019

• Stanford	• Dartmouth	• Montefiore
• Cedars-Sinai	• Mt. Sinai West	• Natl Cap Consortium
• UCSF	• Columbia	• Ochsner
• UCLA-Harbor	• Cornell	• Ohio State
• Mayo Clinic (FL)	• Mt. Sinai	• OHSU
• Northwestern	• Duke	• Penn State
• Univ Iowa	• Univ Cincinnati	• UC Davis
• Johns Hopkins	• Univ Pittsburgh	• UIC Chicago
• Mass General	• Vanderbilt	• Yale
• Brigham & Womens	• Virginia Mason	• Cleveland Clinic
• Mayo Clinic (MN)	• Univ Nebraska	• West Virginia
• UT Southwestern	• Univ Virginia	


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ACGME-Approved Programs (35)

Continued Accreditation Status

• Stanford	• Dartmouth	• Montefiore
• Cedars-Sinai	• Mt. Sinai West	• Natl Cap Consortium
• UCSF	• Columbia	• Ochsner
• UCLA-Harbor	• Cornell	• Ohio State
• Mayo Clinic (FL)	• Mt. Sinai	• OHSU
• Northwestern	• Duke	• Penn State
• Univ Iowa	• Univ Cincinnati	• UC Davis
• Johns Hopkins	• Univ Pittsburgh	• UIC Chicago
• Mass General	• Vanderbilt	• Yale
• Brigham & Womens	• Virginia Mason	• Cleveland Clinic
• Mayo Clinic (MN)	• Univ Nebraska	• West Virginia
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Fellowship Directors Group

- Formed organically ~2002 and informal
- Twice-yearly meetings (ASA and ASRA Spring) organized and hosted by HSS Department of Anesthesiology (no 2020 meetings)
- Initiatives:
 - Development of Fellowship Training Guidelines
 - Knowledge/Practice Sharing
 - ACGME Accreditation
 - Common Application

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